



POST-SEDATION PATIENT INSTRUCTIONS

Following deep sedation, 24 to 36 hours are usually required for the full effects of the drugs to wear off. It is essential that you and the adult picking you up follow these instructions.

DISCHARGE FROM OFFICE

- The patient must be discharged into the care of a responsible adult who can accompany him/her home.
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night.

TRANSPORTATION FROM OFFICE

- Private automobile is preferred; public transportation is not recommended.

FOOD AND BEVERAGES

- Clear liquids are advised for up to 6 hours. Most people can tolerate solids 1 – 2 hours after sedation and this may help post-operative nausea.
- Do not drink alcohol in any form for 48 hours.

MEDICATIONS

- Resume normal medication as directed by your physician after the appointment.

ACTIVITY RESTRICTIONS

- Do not operate motor vehicles, boats, power tools or machinery for at least 24 hours, or longer if any drowsiness or dizziness persists.
- Those seeking to operate an aircraft following deep sedation should seek guidance from

applicable aviation authorities and/or their employers (where applicable).

PROBLEMS

- If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem, please notify the dental office.